

#### **SEASON 18 CLASS EXPECTATIONS**

## Tiny Tots &

#### Ballet with Ms. Katharine

Hi! Welcome to Ms. Katharine's Tiny Tot & Ballet classes. Below you will find the expectations that are to be followed every week in the class.

### Tiny Tots

- 1. Be ready to dance and have fun
- 2. How we can be ready and help our dancers be ready:
  - a. Shoes for all styles well-fitting with ballet slipper drawstrings tucked in and trimmed (parent should check shoes for growth frequently)
  - b. Ballet slipper drawstrings trimmed and tucked in if applicable
  - c. NO legwarmers, separate tutus that are not connected to the outfit, headbands, bracelets, or any other loose accessories. So fun and cute, but so distracting to the dancer.
  - d. Hair neat and out of the face in a tight and secure bun, ponytail, or pigtails/space buns. NO headbands, hats, or tiaras or hair down
  - e. GO POTTY BEFORE CLASS STARTS and give yourself time when you get there to do this
  - f. Be outside the dance room with your ballet slippers on a few minutes before class
  - g. Parents do NOT open the door, tap on the glass of the window, or enter the dance room
- 3. Always listen to the teacher and try your best!
- 4. Dance your heart out!
- 5. Smile!
- 6. Stay on your dot and do not move Miss Katharine's dots or pick them up unless it is time to do so. I may take the dot away if it keeps getting picked up.
- 7. Hands to yourself

- 8. We get what we get, and we don't throw a fit!
- 9. No running, hanging on the barres, or touching the mirror in the dance room
- 10. Quiet tap shoes while waiting
- 11. If a dancer is not listening and otherwise distracting the rest of the class, they may get sent out to you. This will only happen after I have exhausted all efforts in my power to get them to participate. If your child is sent out, please wait for me to invite them back in. Please do not open the studio door.

### Ballet

4. Be ready for class. Do not forget your Ballet "uniform"

Have a clean and neat appearance that includes clean tights without huge holes or rips, a clean and well fitted leotard/tights, well-fitted shoes with drawstrings trimmed and tucked and well-fitted (and sewn as applicable) elastics.

5. Hair in a sleek and secured bun

No messy buns, un-pinned buns, or loose buns allowed. Quick and complete tutorial: <a href="https://youtu.be/3yG7Hcozrf8">https://youtu.be/3yG7Hcozrf8</a>

- 6. When learning a combination, eyes on the teacher, either marking or watching intently
- 7. No talking to other dancers during class

Raise your hand for a question or to be excused to the restroom.

8. Stand up with proper posture and alignment

No slouching, chin raised. Don't look at the floor.

- 9. Stand properly at the bar:
  - a. No slouching
  - b. No elbows on the barre
  - c. No hanging on the barre
  - d. Turn towards the barre to switch sides between combinations
  - e. Hand resting lightly and slightly in front of the body, no gripping the barre for dear life!
- 10. Always reverence and thank the teacher at the end of class

#### Curtsey or bow

- 11. Always give your 120% best effort and make it worth it
- 12. Be responsible for the energy you bring to the room
- 13. Be courteous to others and give respect
- 14. Wait to enter the class or combination when entering the room after the music and combination has begun.
- 15. Remember that ballet is hundreds of years old and as such has a tradition and significance that should be revered and respected.
- 16. Work hard on your ballet technique and see a huge difference in your other classic styles!

# PBT/Ballet Technique Refinement

- 1. Be ready for class. Please dress in regular Ballet attire and hair in a sleek secure bun. A high bun is preferred so it does not get in the way when lying on your back
- 2. Don't forget any of your equipment
- 3. Label all of your equipment
- 4. Wipe down yoga mats quickly and efficiently
- 5. No talking
- 6. Be prepared to work hard and try to think about things in a new way
- 7. All other ballet expectations apply to these classes as well!

Following these rules will ensure safe and progressive class space for the students. Failure to follow these rules will result in student(s) not being able to participate in certain activities/class for the day or being sent to the front desk.

Any questions or concerns about the expectations of the class, please do not hesitate to email me at:

katharinem@murrietadanceproject.com